

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE	Vegetarian (Green)	Hearty Lentil & Roasted Vegetable Pasta (VE)	Autumn Harvest Lasagne	Lentil Wellington with Roast Potatoes & Gravy (VE)	Lentil & Saucy Tomato Pasta Bake (VE)	Red Pepper Frittata with New Potatoes & Tomato Sauce
	Meat (Blue)	Chicken Enchilada Bake with Paprika Wedges	Beef Lasagne with Garlic Bread	Roast chicken with roast potatoes & gravy	Chicken Biryani with Turmeric Bread	Breaded Fish with Chips & Tomato Sauce
	Jacket Potato (Red)	with beans & cheese	with beans & cheese	with beans & cheese	with beans & cheese	with beans & cheese
	Dessert	Yoghurt & Fresh Fruit	Apple Crumb Cake with Custard	Yoghurt & Fresh Fruit	Strawberry Jelly with Mandarins	Yoghurt with Peaches
WEEK TWO	Vegetarian (Green)	Lentil Curry with Rice and Flatbread (VE)	Cheese & Tomato Pizza with Wedges	BBQ Quorn with Potatoes & Sweetcorn Salsa (VE)	Spaghetti Bolognese (VE)	Bean & Lentil Patty (VE) with Potato wedges
	Meat (Blue)	Chicken Biryani with Turmeric Bread	Chicken and Sweetcorn Meatballs in Tomato Sauce with Rice	BBQ Chicken with Potatoes & Sweetcorn Salsa	Beef & Lentil Bolognese with Spaghetti	Salmon Fishfingers with Chips & Tomato Sauce
	Jacket Potato (Red)	with beans & cheese	with beans & cheese	with beans & cheese	with beans & cheese	with beans & cheese
	Dessert	Peach Upside Down Cake	Yoghurt & Fresh Fruit	Yoghurt & Tinned Fruit	Sticky Apple Crumble with Custard	Yoghurt & Fresh Fruit – Apple, Watermelon
WEEK THREE	Vegetarian (Green)	Mild Mexican Chilli with Rice (VE)	Cheese and Bean Pasty with Wedges	Sausage & Mashed Potatoes and Gravy (VE)	Caribbean Stew with Golden Rice (VE)	Crunch-Topped Pasta bake (VE)
	Meat (Blue)	Beef & Lentil Bolognese with Spaghetti	Chicken Enchilada Bake with Paprika Wedges	Minced Beef Cottage Pie	Mild Caribbean Chicken with Golden Rice	Fishfingers with Chips & Tomato Sauce
	Jacket Potato (Red)	with beans & cheese	with beans & cheese	with beans & cheese	with beans & cheese	with beans & cheese
	Dessert	Yoghurt with Peaches	Winter Pear Crumble with Custard	Yoghurt & Fresh Fruit – Banana, Watermelon	Yoghurt & Fresh Fruit	Chocolate & Apple Sponge with Chocolate Sauce

MENU KEY

(VE) – Vegan

ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.